

# AA Step 4: Moral Inventory Worksheet

*Identify growth opportunities by taking a fearless moral inventory.*

**1 - List areas where you've been selfish. How has this affected your relationships?**

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**2 - When has fear driven your actions and how has it affected your life?**

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**3 - Reflect on times when you felt greedy or dissatisfied with what you have.**

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**4 - Name three times you were dishonest with others or yourself.**

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**5 - Have you ever been overly prideful? How did it block your self-growth?**

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*Identify growth opportunities by taking a fearless moral inventory.*

**6 - Describe a time when you acted in envy. Did it block your well-being?**

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**7 - Name a time that you felt guilty or ashamed. How did it impact you?**

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**8 - Write about a time when you acted impulsively and name the consequences.**

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**9 - How has anger affected your relationships?**

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**10 - Describe a time when you purposely avoided responsibility for your actions.**

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